



JR. LIFEGUARD PROGRAM GUIDELINES

Parents:

1. Due to the strenuous nature of this program, and since lifeguards must first learn to be responsible for themselves before they can be responsible for others the following will apply to participants of this program.
 1. Report to camp ON TIME each day.
 2. **You must bring a lunch.** Do not bring money expecting to buy lunch.
 3. Do not litter. Throw your trash away. Remember a CLEAN BEACH IS A HAPPY BEACH!
 4. Appropriate swim attire must be worn and foot coverings such as sandals, sneakers, or flip flops be worn. Mark all personal gear with a permanent marker. All participants are responsible for their own possessions. It is recommended that only inexpensive items be brought each day. Do not bring valuables such as surf boards, cell phones, CD's etc.
 5. Rough play, profanity and in appropriate hand gestures will not be tolerated. KEEP YOUR HANDS TO YOURSELF.
 6. Never take or use any gear or personal items that belong to others without permission.
 7. All participants in the program must attempt the activities presented.
 8. Sick or ailing children must be kept home until well. The program is not funded to provide care for non participants.
 9. Participants will follow directions and instructions. Safety is paramount. Failure to follow directions could end in injury.
 10. Give instructors your full attention and act quickly when asked to do a task. Disrespect for other participants and staff will not be tolerated. Expulsion from the program may occur.
 11. Participants must remain with their groups at all times. They will leave only with the lead counselors permission and an assistant counselors escort.
 12. The training room and equipment *used* will be cleaned and stored properly at the end of each day. Help from all participants is expected. Various pieces of equipment will not be touched by participants unless told to do so. Defiance may result in expulsion.
 13. You are expected to be polite, courteous and respectful of fellow Jr Lifeguards, instructors and the general public.
 14. We expect you to display good sportsmanship when competing with one another and with other beaches.
 15. Jr Lifeguards represent the City of Jacksonville Beach, the American Red Cross Volunteer Lifesaving Corp., City of Jacksonville Beach Ocean Rescue Division and the City of Jacksonville Beach Jr Lifeguard Program, any violation of rules and procedures will be dealt with accordingly. After parents are notified, participants will be expelled from the program if negative behavior continues.

PARENT _____ Date _____
Print sign

CAMPER _____ Date _____
Print sign